



## **WELCOME BACK:**

Welcome Back Parents & Swimmers! The JCC Coaching Staff is excited to return for the 2020-21 season, and we hope you are too! This monthly newsletter is to keep you up to date with important dates, such as due dates, meet dates, building closure dates, and any upcoming events. Please be sure that you check the team website – <a href="https://www.teamunify.com/majccms">www.teamunify.com/majccms</a>. Weekly emails will be sent out <a href="https://www.teamunify.com/majccms">every Monday</a> – if you are not on the email list, please email Coach Alicia at <a href="https://afimple@jccatlantic.org">afimple@jccatlantic.org</a> to be added, and please be sure to verify your On Deck Account, your email, as well as your cellphone number to receive all emails, and text messages!

## **OCTOBER SCHEDULE:**

- Oct 4 Swim Team Suit Fitting 4-6PM
- Oct 4 New Practice Schedule Begins
- Oct 23 Seahawks Meet @ EHTHS???

- Oct 27 Inter-squad meet <u>FULL TEAM</u>
   <u>Participation Mandatory</u>
- Oct 30 Home Dual Meet w/ Vineland Y

<u>DUAL MEET SCHEDULE:</u> \*Volunteers will be need for all meets – please see On Deck for Sign Ups
This season, it is <u>required</u> that all swimmers compete in a MINIMUM of 3 Dual meets (excluding shark pups)

- Oct 30 Vin Y @ JCC 12P Warm Up/ 1P Start
- Nov 6 BGH @ JCC 12P Warm Up/ 1P Start
- Dec 4 JCC @ BGH 12P Warm Up/ 1P Start
- Dec 18 JCC @ Mariners TBD
- Jan 22 JCC @ Vin Y 12P Warm Up/ 1P Start
- Jan 29 League Champs TBD

## **USA MEET SCHEDULE:**

This season, it is **required** that all swimmers compete in a **MINIMUM** of 3 USA meets – please do not surpass entry deadlines given by Coach Alicia, as all meet entries have to be submitted as soon as entries are opened. Meets do close out at a 4 hour cap/once they hit the max swimmers capacity. There are no refunds for these meets, and parents are not allowed on the pool deck or in the locker rooms with swimmers at these meets\*\*

- Oct 23 Seahawks Fall Invite/ Mini Meet @ EHT HS Entries TBD
- Nov 20 Go Gobble Gobble @ TBD Entries TBD
- Jan 9 ECCC USA Meet/Mini Meet @ OC Entries due 10/29
- Jan 15-16 GPAC USA @ GCIT Entries due TBD
- Feb 12 JW @ GCIT Entries due 12/3
- Feb 13 ECCC Sweetheart Meet/Mini Meet @ OC Entries due 11/29

\*Per USA rules, any swims not competed in a USA meet, or in the SWIMS Database, will not constitute in any Bronze, Silvers, Junior Olympics or Zones qualifying times

## **MEET EXPECTATIONS:**

The Margate Sharks are a competitive swim team, and swimmers are expected to attend all meets that they are eligible for. If a swimmer is unable to attend, please respond via TEAM UNIFY/ OnDeck App before the registration deadline. Emergencies due arise – but this could result in relays not being able to swim. Please give as much notice as possible. At all dual meets, swimmers compete as a **TEAM**. All swimmers are asked to stay and support their team members until the meet is over to shake hands with the opposing team members and show their sportsmanship. Parent volunteers will be needed at all swim meets, whether they are home or away meets. 6 timers will be need for all away meets. For home meets, we will need 6 timers, 2 volunteer snack stand workers, a stager, a starter, and donated baked goods, drinks, snacks, vegetables, etc. Sign-ups will be posted on TEAM UNIFY.

\*All swimmers are required to compete in a minimum of 3 USA meets and 3 Dual meets for the 2021-2022 season.